

Swim Wales Masters LC 2026 - 28/02/2026 to 01/03/2026**Wales National Pool, Swansea****Results - Session 3 - Warm Up 2.40 - 3.30****Event 305 Men 18-24 50 LC Meter Backstroke**

1	Andrew Gore	21	Co Cardiff	29.43
2	Lloyd Jones	23	Swansea Uni	31.88
3	Connor Skelly	21	Wrexham	34.76

Event 305 Men 30-34 50 LC Meter Backstroke

1	Joshua Yon	30	Putteridge	33.96
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Event 305 Men 35-39 50 LC Meter Backstroke

1	Alexander Smith	36	Woking	28.64
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Event 305 Men 40-44 50 LC Meter Backstroke

1	James Edmonds	40	Bristol Hen	29.21
2	Oliver Newcombe	44	Cardiff Mast	32.98
3	Richard Black	41	Cardiff Mast	37.12
4	Ka Chun Felix Ng	41	Loughborough	41.71

Event 305 Men 45-49 50 LC Meter Backstroke

1	Alex Thurston	45	NottmLeander	31.62
2	Mark Callister	49	Welsh Ind	36.13

Event 305 Men 50-54 50 LC Meter Backstroke

1	James Hough	53	Dove Valley	36.53
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Event 305 Men 55-59 50 LC Meter Backstroke

1	Ben Winter	57	Totnes	30.26
2	Ian Wilkes	59	Loughborough	33.06
3	Paul Griffiths	56	Welsh Ind	33.36

Event 305 Men 60-64 50 LC Meter Backstroke

1	Guy Emerson	63	Spencer	34.83
2	Antony Corben	64	S D Trojan	41.97
3	Shaun Cairns	62	Calne Alpha	48.76

Event 305 Men 65-69 50 LC Meter Backstroke

1	Alan Parkins	66	Crawley	35.26
2	Paul Cartwright	65	Camden Swiss	39.14
3	Ian Powell	67	Welsh Ind	49.53

Event 305 Men 70-74 50 LC Meter Backstroke

1	Ian Woollard	72	Barnet Copt	45.07
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Event 305 Men 75-79 50 LC Meter Backstroke

1	David Shead	76	Lewes	45.33
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